


# Rider Information

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## The You Yangs Yowie

99km, 66km, or 33km individual mountain bike challenge around the fantastic You Yangs trails through Kurrajong & Stockyards

Saturday 15<sup>th</sup> October 2011

The Yowie welcomes you – as a first time competitor or as a seasoned campaigner we hope that you have a challenging and enjoyable day testing your stamina & skills on the Yowie course.



# The Yowie

The You Yangs Yowie (*Gigantopithecus Australis*) is renowned for its ability to see and not be seen. The Creature has had mystical status for many years.

It is said that there was a tribal war between the Murrays and the Yowies. The Yowies lost convincingly as they were smaller and fought unarmed. Consequently, they fled for the mountains and went into hiding.

There has been around 3000 sightings, yet no confirmation of the species is available.

## **Until now.**

Take your chance to see the Yowie in its most natural environment on 15<sup>th</sup> October 2011

Ride the wild trails in search of the mystical creature that has made its home in the You Yangs.

The You Yangs Yowie can emerge from the ground and move through the bush as though it is as fast as the wind. As though it is as silent as the moonlight. It is there but, it is not. You may not see the Yowie but it will see you

CAUTION: THE YOU YANGS YOWIE IS CONFIRMED FRIENDLY BUT CAN BECOME HOSTILE IF APPROACHED WITHOUT CAUTION.



*Healthy Parks  
Healthy People*



## ***How to get to the event:***

[From Melbourne \(click here\):](#)

Take the Princes Hwy to Geelong. Take the Little River exit, and head northwest on Little River Rd approx 2.8km take a slight right to stay on Little River Rd. Little River Rd then turns slightly left and becomes River St. Turn right over the railway lines and then the first left onto You Yangs Rd. Heading along the You Yangs Rd you will reach a T intersection, turn left onto Farrars Rd. Travel for approximately 1.6km and turn right onto Branch Rd. Follow Branch Rd approx 4.8km to the Park Entrance (on your right). Turn into the entrance and follow the parking directions.

[From Geelong \(click here\):](#)

Head north towards Melbourne on the Princes Fwy. Take the Lara exit onto Forrest Rd. Continue straight ahead at the second round about at Station Lake Rd (or turn left at the round about to stock up on some food from Rods Bakery). Follow Forrest Rd Nth for 6.5 km and turn right into Branch Rd. The Park entrance is just on your left.

Start location:       Main Entrance area, You Yangs Regional Park.  
                              Melways key map 11.

Approximate travel times to event from:  
Melbourne - 50 -60 minutes, Geelong - 20-25 minutes.

## ***What to Bring:***

- Australian certified helmet
- Serviceable MTB Bike - Your bike will need to be of a sound condition suitable for technical XC trails. It should be suited to the distance that you have entered.
- Spare tube, levers and pump/CO<sub>2</sub> cartridge, toolkit
- Current MTBA licence if you have one
- At least 1 full water bottle on your bike or a hydration system, and additional water for those doing the 66 & 99km course.
- Food as required

Water and food will be accessible at the Feed Zone on the course, **no tap water** is available. Bottled water may be purchased on site.

There will be a feed zone at 33, 66 & 99km in the Race Village.

Medical assistance can be given by any person involved in the event. There will be specialised medical support provided at the event village.

## ***Race day schedule 2011***

99km Registration	0630-0730h
99km Race Brief	0745h
99km start	0800h
66km, 15km Registration	0800-0900h
66km Race Brief	0915h
66km start	0930h
15km Race Brief	1015h
15km start	1030h
33km Registration	0930-1045h
33km race brief	1100h
33km start	1115h
Cut off to riders starting laps	1300h
First riders finish - Estimated	1230h
Last riders finish - Estimated	1530h